

A food chain shows how animals depend on other plants and animals for their food and survival.

consumers

Animals that eat other animals or plants.



predators

Animals that hunt and eat other animals.



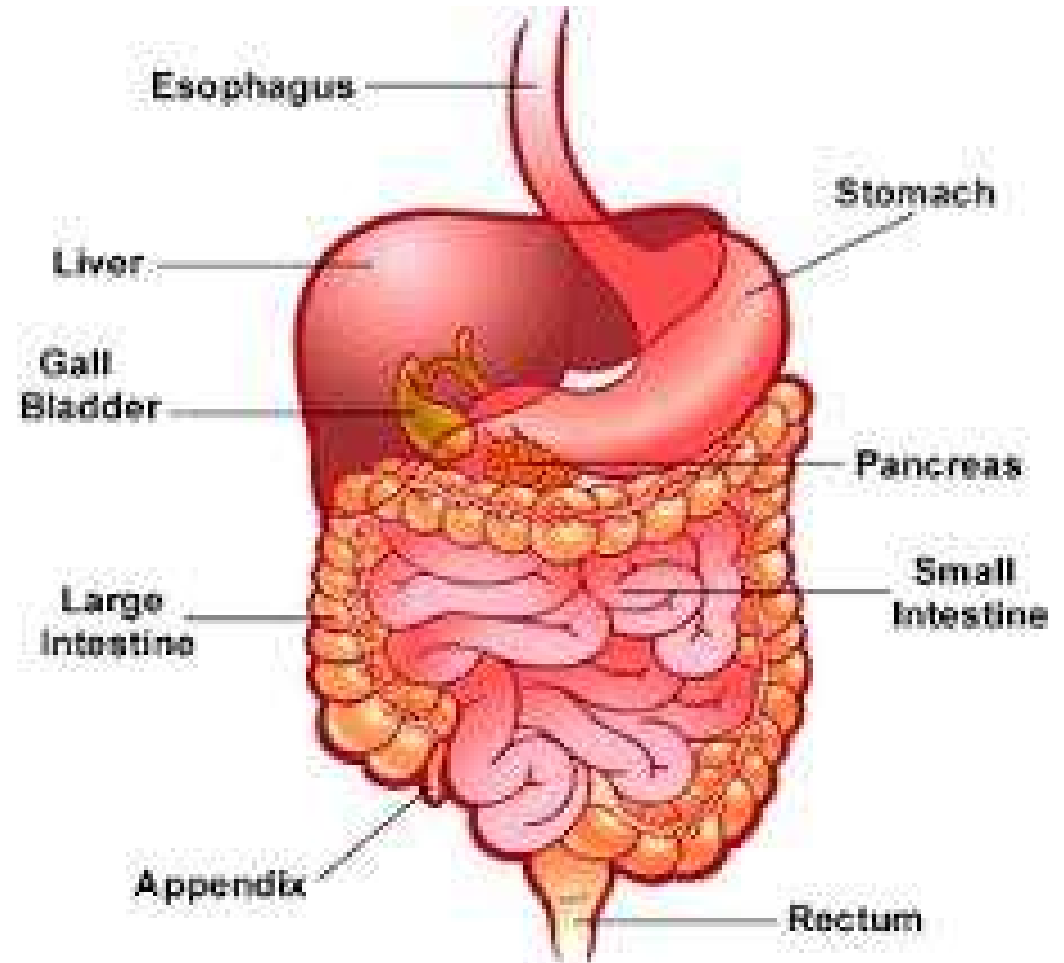
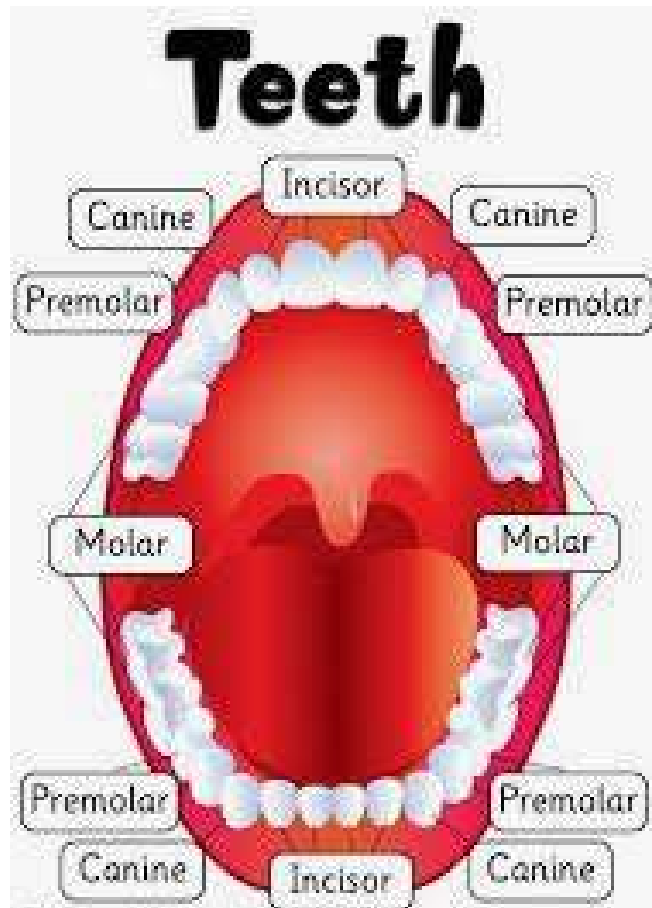
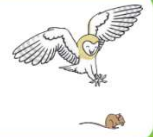
producers

Organisms that provides food for other organisms. Producers make their own food through the process of 'photosynthesis'.



prey

The animal that gets hunted and eaten by another animal.



fruit and vegetables

Aim to eat 5 a day!
Dried, frozen and tinned
fruit and vegetables count,
as well as fruit juices.



protein

These are very important
for helping us grow and
build muscles.

carbohydrates

These are important for
giving us energy.

dairy

These are important for
strong teeth and bones.

fats

These are important too, but you
should only eat a little bit!

An average meal
should be made up of
one-third
carbohydrates and
one-third fruit and
vegetables, with the
remaining one-third
split between dairy,
protein and a little bit
of fat.

Vocabulary

- Classify – to group things.
- Identify – to recognize
- Vertebrates – animals that
have a spine.
- Invertebrates- animals
that don't have a spine.
- Construct- to build or
make
- Interpret – to explain what
something means.