

# St Catherine's Hub: Emotion Coaching

Helping you to support your child to manage their emotions

with Jaimie from Thought-Full



**Thursday 18<sup>th</sup> June 2026 at 9.00am**

**At St Catherine's Catholic Primary School  
Higdown Drive, Littlehampton, BN17 6HL**

**There will also be an opportunity to stay and discuss more  
with Jaimie after the session.**

**Please contact the school office on 01903 716039 to book your place.**