St Catherine's Catholic Primary School

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21 October 2026

Dear Parents and Carers,

RSHE Curriculum and Policy Review – Parent Consultation

Following our parents' meeting this morning, we would like to share some information about our ongoing review of the Relationships, Sex and Health Education (RSHE) curriculum and policy at St Catherine's.

In 2020, Relationships Education and Health Education became statutory for all primary schools in England. In July 2025, the Department for Education published updated RSHE guidance, which came into effect in September 2026. As a result, we are reviewing our existing policy to ensure that it reflects the latest requirements while remaining firmly rooted in our Catholic values.

As a Catholic school, we recognise that parents are the first and most important educators of their children. We believe that teaching children about relationships, health and growing up is a shared responsibility between home and school, and we greatly value your involvement in this important area of education.

At St Catherine's, we have successfully used **Life to the Full**, developed by Ten Ten Resources, for several years. This Catholic programme, approved by our diocese, supports children in developing healthy relationships, understanding themselves and others and recognising the dignity of every person. We will continue to use this programme as we review our curriculum and policy.

Our Parent Consultation

We are holding a consultation period from **Wednesday 21st October until Friday 20th November 2026**, during which we welcome feedback from parents and carers.

This morning, I held an in-person meeting with parents to explain the updated guidance, provide an overview of the *Life to the Full* programme and outline the key decisions we need to consider as part of our policy review. To ensure that all families have access to this information, we will be sharing a copy of the presentation alongside our parent questionnaire

As part of this consultation, we would particularly value your views on some of the key decisions surrounding the teaching of certain topics within the *Life to the Full* programme.

Ten Ten Resources have also provided an online **Parent Consultation Course**, which explains the updated statutory guidance, outlines the Catholic approach to RSHE and provides information about the decisions schools need to consider.

We encourage all parents to explore this course and the accompanying Parent Portal, which provides examples of the resources and lessons taught across the different year groups.

How to Take Part:

1. Access the Parent Consultation Course: https://www.tentenresources.co.uk/parent-consultation-tool-primary/
2. Log in using our school credentials:

   Username: st-catherine-bn17
   Password: firework-night

3. Explore the course and the information provided about the *Life to the Full* programme.
4. Read the accompanying presentation and complete the parent questionnaire, returning your responses to school by **Friday 6th November 2026**.

Following the consultation, we will carefully consider the feedback received from parents, staff and governors before finalising our updated RSHE policy and presenting it to governors for ratification.

We hope this consultation provides an opportunity for you to learn more about our RSHE curriculum and contribute to its continued development. Thank you for your ongoing support and for working in partnership with us to provide the very best education for our children.

Kind regards,

Mr Michael Hudspith
Deputy Headteacher
St Catherine's Catholic Primary School