



St Catherine's Catholic Primary School

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8 December 2022

Dear Parents/Carers,

We would like to make you aware that whilst we have had no confirmed cases of Scarlet Fever at the school, there have been some confirmed and suspected cases of pupil illness related to the bacteria called group A streptococci. We ask you to be extra vigilant if pupils are unwell and follow the guidance below.

Scarlet fever is usually a mild illness, but it is highly infectious. Therefore, look out for symptoms in your child, which include a sore throat, headache, and fever, along with a fine, pinkish or red body rash with a sandpapery feel. On darker skin, the rash can be more difficult to detect visually but will have a sandpapery feel. Contact **NHS 111** or your **GP** if you suspect your child has scarlet fever, because early treatment of scarlet fever with antibiotics is important to reduce the risk of complications such as pneumonia or a bloodstream infection. If your child has scarlet fever, keep them at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

Scarlet fever is caused by bacteria called group A streptococci. These bacteria also cause other respiratory and skin infections such as strep throat and impetigo. In very rare occasions, the bacteria can get into the bloodstream and cause an illness called invasive Group A strep (iGAS). While still uncommon, there has been an increase in invasive Group A strep cases this year, particularly in children under 10.

There are lots of viruses that cause sore throats, colds and coughs circulating. These should resolve without medical intervention. However, children can on occasion develop a bacterial infection on top of a virus and that can make them more unwell.

As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement. **Contact NHS 111 or your GP if:**

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38°C, or is older than 3 months and has a temperature of 39°C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

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Call 999 or go to A&E if:

- your child is having difficulty breathing - you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

Good hand and respiratory hygiene are important for stopping the spread of many bugs. By teaching your child how to wash their hands properly with soap for 20 seconds, using a tissue to catch coughs and sneezes, and keeping away from others when feeling unwell, they will be able to reduce the risk of picking up or spreading infections.

In line with the Guidance on infection control in schools and other childcare settings stipulated by Public Health England, children with scarlet fever will not be able to attend school until 24 hours after starting antibiotic treatment.

If your child does have symptoms of scarlet fever, we do ask that you respect the exclusion period listed above and telephone us the day before you plan to return to school, so we can ensure your child is ready to come back in.

Please do contact us if you have any further questions.

Mr Croghan
Headteacher

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