



St Catherine's Catholic Primary School

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COVID Update

Dear Parents/Carers,

Please read on to find out the latest changes to COVID-19 guidance.

Changes to the self-isolation period for those who test positive for COVID-19

People who are self-isolating with COVID-19 will now have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

Temporary suspension of confirmatory PCR tests in education and childcare settings

You are now only asked to take a follow up PCR test after a positive LFD test if you:

- wish to claim the Test and Trace Support Payment
- have been advised to take a PCR test because you are in a clinically vulnerable group
- have been advised to do so as part of a research or surveillance programme
- have received a positive day 2 LFD after arriving into the UK

If anyone has any of the main symptoms of COVID-19, they are strongly advised to take a PCR test, not an LFD test. If someone with symptoms has already taken an LFD test for any reason and the result is positive, they do not need to take a follow-up PCR test.

Thank you for your continued support,

Mr Croghan

Worthing Deanery Schools



Journeying Together in Christ

