

St Catherine's Catholic Primary School

LIFE TO THE FULL – Annual Programme



Autumn 1	YR	Y1	Y2	Y3	Y4	Y5	Y6
	Handmade with Love I Am Me Heads, Shoulder, Knees and Toes Ready Teddy	Let the Children Come I am Unique Let's Get Real	Girls and Boys Clean and Healthy Feeling Inside Out	Get Up! We Don't Have to Be the Same What is Puberty?	The Sacraments Respecting Our Bodies Changing Bodies	Calming the Storm Gifts and Talents Spots and Sleep	Girls' Bodies Boys' Bodies Seeing Stuff Online

Autumn 2	YR	Y1	Y2	Y3	Y4	Y5	Y6
	I Like, You Like, We All Like! All the Feelings! Growing Up	Feelings, Likes and Dislikes God Loves You	Super Susie Gets Angry The Cycle of Life	What Am I Feeling? Life Cycles?	Male/Female Discussion Groups What Am I Looking At?	Body Image Peculiar Feelings Emotional Changes Emotional	Making Babies (Part 1) Making Babies (Part 2) Menstruation

Spring 1	YR	Y1	Y2	Y3	Y4	Y5	Y6
	New People, New Places Role Model Who's Who? You've Got a Friend In Me	Forever Friends Special People Real Life Online	Beginnings and Endings Change Is All Around Treat Others Well ...	Big Changes, Little Changes Jesus, My Friend Family, Friends and Others ...	I Am Thankful A Time for Everything	Coping with Change God Is Calling You Under Pressure	Hope Beyond Death Do You Want A Piece of Cake Self-Talk

Spring 2	YR	Y1	Y2	Y3	Y4	Y5	Y6
	What is the Internet? Playing Online Safe Inside and Out	Rules To Help Us Us People Who Help Us	... And Say Sorry Physical Contact	Sharing Online Safe in My Body	When Things Feel Bad Chatting Online	Build Others Up Sharing Isn't Always Caring	Types of Abuse Impacted Lifestyles

Summer 1	YR	Y1	Y2	Y3	Y4	Y5	Y6
	My Body, My Rules Feeling Poorly God is Love	Good and Bad Secrets Loving God, Loving Others Who is My Neighbour?	Harmful Substances Can You Help Me? (Part 1) Can You Help Me? (Part 2)	Rights and Responsibilities A Community of Love	Drugs, Alcohol and Tobacco First Aid Heroes	Cyberbullying Making Good Choices	Giving Assistance Catholic Social Teaching Catholic Social Teaching

Summer 2	YR	Y1	Y2	Y3	Y4	Y5	Y6
	Me, You, Us When I Grow Up ... Money Doesn't Grow On Trees	Who Will I Be? Needs and Wants	Three In One The Communities We Live In	How Do I Love Others? Working Together	What is the Church? Money Matters	The Holy Trinity The World of Work	Reaching Out Money and Me