



St Catherine's Catholic Primary School

Highdown Drive, Littlehampton, West Sussex BN17 6HL

Tel: 01903 716039 Fax: 01903 722521

Website: www.st-catherines.w-sussex.sch.uk

Email: office@st-catherines.w-sussex.sch.uk

11 September 2023

Dear Parents / Carers,

On Wednesday 20 September, Forest School starts for Year 3. The sessions will take place onsite, outdoors whatever the weather, and the expectation is the children will spend 2 hours outdoors on this day. The sessions will be led by Mrs Supriyadi, a qualified Forest School Leader and supported by a minimum of 2 other adults. The children will undertake activities such as shelter building, bug hunting, den making, knot tying and creative tasks. Forest School activities also involve the lighting of fires and the use of tools such as drills, knives and saws. All of the activities have been checked for safety and risk assessments have been carried out.

One of the activities will be toasting marshmallows and then consuming them, please indicate below if you are in agreement with this.

Year 3 Forest School will take place on the following dates:

Wednesday 20 September

Wednesday 27 September

Wednesday 4 October

Wednesday 11 October

Wednesday 18 October

When it is your child's Forest School day they should wear the following to school:

Winter clothing - the general rule is lots of layers to keep the heat in and can be removed if necessary.

- Warm hat and gloves (not mittens)
- Long sleeved t-shirt
- Jumper or fleece
- Waterproof coat
- Waterproof trousers
- Wellies and warm socks or walking boots
- Thermal underwear

Summer clothing - it is important that long sleeved tops are also worn in the summer to protect from sun burn, nettles, thorns and insect bites.

- Sun hat
- Sun cream to be applied before leaving home
- Long sleeved t-shirt
- Light long trousers
- Wellies or enclosed shoes or boots (no sandals)

Worthing Deanery Schools



Journeying Together in Christ





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Please also send in uniform and school shoes in a bag to change into after their session has ended.

Clothing will get muddy so old home clothes are the best with suitable footwear (trainers or wellies). If a child does not have suitable clothing for the weather and activities and no alternative can be provided, your child will not be able to join in the session.

If you have any questions, please do not hesitate to contact the school office. If you are interested in helping out with any of the sessions, we would warmly welcome you to join us, so please contact the school office.

Yours sincerely,

Mr Croghan
Headteacher

Child's Name: _____ Date: _____

I give permission for my child to have marshmallows and hot chocolate during the forest school session.

☐ Yes ☐ No

Please enter details of any dietary requirements

Parent/Carer Name: _____ Parent/Carer Signature: _____

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