

PARENTAL CONSENT FORM

St Catherine's Catholic Primary School

A journey to **Marchants Hill, Marchants Hill Camp Tilford Road, Tilford Road, Hindhead GU26 6RF**

From 16 October 2023 to 20 October 2023

I wish my son/daughter _____
(Full name of child in capitals please) to be allowed to take part in the above-mentioned school (or youth centre) journey and, having read the information sheet, agree to his/her taking part in any or all of the activities described.

I have ensured that my child understands that it is important for his/her safety and for the safety of the group that any rules and any instructions given by the staff in charge are obeyed.

I understand that, while the school (or youth group) staff and helpers in charge of the party will take all reasonable care of the young people, unless they are negligent they cannot be held responsible for any loss, damage or injury suffered by my son, daughter arising during or out of the journey.

(Note: School Journey Insurance is automatically arranged with AIG Insurance, through West Sussex County Council, for participating establishments.)

Please advise the establishment of any changes to the medical information already provided. Delete or complete the following as appropriate.

My child (Date of Birth:) has

no illness, allergy or physical disability *

the following illness, allergy or physical disability*

.....

.....

* Cross out which does not apply

which necessitates the following medical treatment:.....

.....

.....

Parental Consent Form/continued.

Doctor's Name:

Doctor's Address:

Doctor's telephone number:

I consent to any emergency medical treatment necessary during the course of the visit.

Signed

Parent/Guardian

Date

Address:

HOME

WORK.....

Telephone No: HOME WORK

Mobile No:

Email:

If not available at the above, please state an alternative contact:

Name: (relationship).....

Telephone No:

Mobile No:

NOTE: Photographs may be taken that include your son/daughter. If you do not wish such pictures to be used for normal publicity purposes including publication on the establishment's website please tick box: ☐

Please note that the Internet is not 100% secure. If you are not the intended recipient, please notify the sender and delete all copies from your system. Any personal data/special category data herein are processed in accordance with UK data protection legislation. Further details are available on the website and/or from the School.



Parent consent form

(to be retained by school – PGL do not require a copy)

Emergency details

Child's Full Name _____
Full postal Address _____

Date of Birth _____
Place of Birth _____
Parent / Guardian's Full Name _____
_____ Day _____
_____ Evening _____
_____ Mobile _____

Important Medical and Dietary Details

Name of Doctor _____ _____
Please give details _____
of any medical _____
conditions, allergies _____
or current medication. _____
Is your child allergic to any medication? Yes / No
If YES please give details. _____

Please give details _____
of any special dietary _____
requirements. _____

Swimming Ability

Is your child able to swim 50 metres or more? Yes / No
Is your child water confident (can duck head underwater & swim 15m in a life jacket/buoyancy aid without panic)? Yes / No
Is your child unable to swim? Yes / No

Declaration

I have read the information sheet provided and agree to my child's participation in the activities described. I believe that the information provided above is correct and will notify the course organiser of any changes as soon as possible. I agree to my child receiving medication as instructed and to any emergency dental, medical or surgical treatment as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

Signature of Parent/Guardian _____

Date _____

The personal information supplied will only be used to allow PGL employees, agents, subcontractors and suppliers to provide the promised service to PGL's normal high standard.

Our Year 6 classes are off to Marchants Hill from 16th to 20st October for a week. Here are a few suggestions of what to pack!

In addition to normal casual clothing, it is important to note that the Adventurous Activities require certain types of clothing. Jeans are fine for casual wear but for the activities a pair of joggers/walking trousers would be more practical (they dry out much quicker)!

WHAT TO WEAR FOR EACH ACTIVITY...

Abseiling

Necklaces, large earrings, scarves or clothes with drawn cords around the neck must not be worn. Trainers are the most appropriate footwear, and trousers such as loose tracksuit bottoms are most suitable. This activity is outside.

Climbing

Necklaces, large earrings, scarves or clothes with drawn cords around the neck must not be worn. Trainers are the most appropriate footwear, and trousers such as loose tracksuit bottoms are most suitable. This activity is outside.

Grass Sledging

This activity takes place only in dry weather. Necklaces, large earrings, scarves or clothes with drawn cords around the neck must not be worn. Trainers are the most appropriate footwear, and trousers such as loose tracksuit bottoms are most suitable. This activity is outside and children may get quite dirty!

Zip Wire

Necklaces, large earrings, scarves or clothes with drawn cords around the neck must not be worn. Trainers are the most appropriate footwear, and trousers such as loose tracksuit bottoms are most suitable. This activity is outside.

Archery

It takes about 20 minutes to walk to the archery fields. Waterproofs / sun hats / sun cream are recommended, as there is no shelter in this field. Open toed shoes or sandals are not to be worn!

Long hair must be tied back.

KIT LIST (PLEASE NAME EVERYTHING):	
	Clothing for outdoor activities (Old clothes, waterproofs, warm socks etc.)
	T-Shirts
	Shorts
	Tracksuit bottoms
	Pyjamas
	Dressing gown/blanket (not essential)
	Slippers
	Underwear
	Socks (minimum 6 pairs)
	Baseball cap
	Warm, waterproof jacket
	2 pairs of shoes, including a pair of trainers (you will be walking a lot)
	Named water bottle
	Wellington boots
	Torch and spare batteries
	Sleeping bag and pillow (or quilt and pillow) – mattresses are provided
	2 towels (one small, one larger for showering)
	Wash bag with personal toiletries
	Plastic bag for dirty laundry
	Teddy bear
	Great book to read
	£5.00 in a named envelopes (for spending in the site shop)
	Personal items of value should only brought if they are not irreplaceable; each child is responsible for their own items.
	Tea towel
	Cake or biscuits to share (homemade or bought is fine) NUT FREE
	Packed lunch and a drink for Monday

Your child will need a packed lunch for Monday.

PLEASE DO NOT PACK:

- Mobile phones
- Alarm Clocks
- Electronic Games
- Sweets or fizzy drinks (they will be removed if packed)



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



Your arms will need to be covered to do some activities.

☐ Tops & jackets

- ☐ T-shirts
- ☐ Long sleeved shirt/T-shirts
- ☐ Waterproof jacket
- ☐ Fleece/jumpers

☐ Trousers or leggings

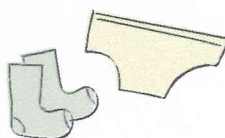
but not jeans as they get heavy and cold when wet



☐ Underwear & socks

Your socks will need to cover your ankles to do some activities.

☐ 1 or 2 sets of clothes for the evening



☐ Suitable nightwear

FOOTWEAR

☐ 2 pairs of trainers

1 for activities
1 old pair for watersports

☐ 1 pair of dry shoes for evening activities



OTHER ITEMS

☐ 2 towels

1 for showering
1 old one for activities

☐ Reusable drinks bottle



☐ Small rucksack/bag

☐ Labelled bin bag for wet and dirty clothing



☐ Sleeping bag or duvet and pillow (unless otherwise advised)

☐ Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

TRAVELLING IN THE...



...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen



...WINTER?

- ☐ Warm coat
- ☐ Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

PLEASE DO NOT BRING



- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.



GIFT SHOP PRICE LIST

TOYS



Teddy Bear.....	£5.00
Football.....	£6.00
Basketball.....	£6.00
Bouncy Ball.....	£1.00
Dangly Bear.....	£3.00

GIFTS

*treat someone
you love...*

Magnets.....	£1.50
Mugs.....	£4.50
Keyrings.....	£2.50
Postcards.....	£0.50

ACCESSORIES

Water Bottle.....	£5.00
Medal.....	£3.00
LED Torch.....	£3.00
Badges.....	£1.00
Wristbands.....	£1.00
Coaster.....	£2.00



CLOTHES

Caps.....	£5.00
T-shirts.....	£7.00

STATIONERY

Rubbers.....	from 40p
Pencils.....	from 80p
Eco Pen.....	£1.00
Eco Notebook.....	£3.00





Marchants Hill

& Bethany House | Centre Map





What To Wear Checklist

For all activities we advise that guests:

- Bring sun cream or waterproof clothing and warm clothes with you, depending on the weather
- Remove all jewellery (stud earrings are OK) and tie back long hair
- Wear practical footwear e.g. old trainers. Do not wear flip-flops, Crocs, open-toed shoes/sandals or wellington boots - unless they are required as part of a study course, e.g. field studies
- Wear long-sleeved tops, long trousers (not jeans), or leggings

Activity	To Wear	Notes
All Rope Sessions (Abseiling, All Aboard, Cat Walk, Climbing, Crate Challenge, Giant Swing, High Ropes Course, Jacob's Ladder, Trapeze, Tree Climb, Treetop Trail, Vertical Challenge & Zip Wire)	Tops that cover the shoulders Shorts may be worn but they must cover the thighs	
Archery	Close-fitting long sleeves or short sleeves	
Tunnel Trail & Dry Slope Skiing	Long-sleeved tops & long trousers/leggings	Possibility of getting dirty (Tunnel Trail)
Bouldering Wall, Challenge Course, Low Level Ropes Course & Sensory Trail	Long trousers/leggings	Possibility of getting dirty
Fencing	Long trousers/leggings	
Water-Based Activities (Canoeing, Dragon Boating, Kayaking, Keelboat Sailing & Raft Building)	Old, warm clothing Fleeces Layers Glasses retainer Swimwear (not essential)	Avoid jeans and heavy cotton as these provide no insulating properties All children to bring a bag containing dry shoes, jumper, T-shirt, towel, wash kit, trousers and underwear
Quad Biking & All-Terrain Vehicles	Long trousers, long sleeves & socks that cover the ankles	Any removable mouth braces must be taken out
Problem Solving, Orienteering, Survivor & Hiking (including: Beach/Coastal Walk, Burn Walk, Eco/Nature Trail)	Trainers or walking boots if you have them (not essential)	
Aeroball	Socks must be worn Loose-fitting clothing, or clothing that allows for movement Shorts may be worn but they must cover the thighs	
Pony Trekking	Waterproof jacket Riding boots or similar Long trousers, long sleeves & socks that cover the ankles	Waterproof jacket required at all times of the year due to changeable weather conditions
Aquafun/Swimming, Surfing & Bodyboarding	Swimming costume	To wear under wetsuit provided (Surfing & Bodyboarding)
Other Land-Based Activities (Blokarting, Buggy Building, Beach Games, First Aid, Sports and Team Games, Team Challenge, Street Surfing, Kite Flying, Matrix, Rifle Shooting, Passeport au Monde)	Tops that cover the shoulders, shorts may be worn	