



# St Catherine's Catholic Primary School

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6 January 2023

Dear Parents/Carers

## THE JOURNEY OF LOVE BY SR. JUDE GRODEN

We use "The Journey to Love" programme as recommended by the Diocese of Arundel and Brighton as the Primary scheme for Education for Personal Relationships including Sex Education, and we will be teaching this throughout the school with sessions beginning.

Each year group is taught at an appropriate level for understanding and the whole theme is based on Love of God and our uniqueness.

There are three for each year group.

- Social and Emotional
- Physical
- Spiritual

Many of the aspects are already within our RE curriculum, and the themes include activities, reflections and prayers.

Please find an attached booklet which provides greater details regarding the aims, vocabulary and content focus for each year group.

If any parents of Year 5 pupils would like to view the materials, please contact the office.

Yours sincerely

Miss F McGonigle  
Deputy Headteacher

Worthing Deanery Schools



Journeying Together in Christ

