St Catherine's Catholic Primary School ANTI-BULLYING CHARTER November 2016 Revised July 2018

MISSION STATEMENT

St. Catherine's is a school where prayer, worship and learning are centred around the teachings of the Risen Christ.

Together, guided by God, we are:

- Growing in Faith
- Learning for Life
- Aiming for Excellence

Inspired by the Holy Spirit we value individuality and celebrate diversity by building positive relationships within our community.

As pupils of St Catherine's we understand Bullying to be -

- When you are targeted constantly, everyday or frequently
- When you are caused physical, mental and emotional harm
- Something that can happen by individuals or groups

We know that it can take all different forms -



We know that being bullied can make children feel-

- Sad
- Upset
- Angry
- Left-out
- Lonely
- Negative
- That they do not like themselves (low self-esteem)

We know that children put up with being bullied because-

- They feel threatened
- They worry that the situation could get worse
- They are frightened of the consequences

If we are being bullied we can-

- Think about what Jesus would want us to do
- Ask them to STOP
- Walk away

How to get help in school-

- Talk to any adult
- Go to the 'Friendship Stop'
- Share it with a friend
- Go to an older child for help, comfort and support

The Adult we talk to will-

- Listen to you
- Comfort and Reassure you
- Talk to other adults as necessary
- Make notes by talking to both the Victim and the Bully
- Talk to our parents/carers
- Agree future actions
- Monitor the situation over time



