

# St Catherine's Catholic Primary School



## Nut Allergy Awareness Policy

### MISSION STATEMENT

#### *GROWING IN FAITH*

*Our vision at St Catherine's Catholic Primary School  
and all we do, and aspire to be,  
is centred on the love, life and teaching of Jesus,  
and rooted in the faith of the Catholic Church.*

#### *AIMING FOR EXCELLENCE*

*Our aim is to build a loving, happy, safe and welcoming school where  
everyone has the opportunity and support to recognise, celebrate and  
develop  
their God given gifts and talents, learning in a creative and friendly school  
family.*

#### *LEARNING FOR LIFE*

*Journeying together with each other,  
we work in harmony  
to provide outstanding Catholic Education  
for all our pupils preparing them to fulfil their mission  
to the world in which we live.*

**Policy Adopted: March 2026**

**To be reviewed: March 2028**

## 1. Purpose

The purpose of this policy is to:

- Raise awareness about allergies across our whole school community
- Ensure we provide a safe learning environment for all
- Give assurance to those children/families/staff with severe allergies that we take the management of these very seriously

## 2. Aim

Our aim is to be a nut free school. It is impossible to provide an absolute guarantee that no nuts will be brought onto the premises but we will strive to minimise this as much as we can.

## 3. Management

We ask that all members of the school community manage the day to day application of this policy in the following ways:

- Parents and carers are requested **NOT** to send food to school that contains nuts. This includes all types of nuts, peanut butter, Nutella, cereal/chocolate bars and any other food containing nuts
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school
- Staff will quarantine any food brought in that contains nuts or nut products, and ensure that pupils have enough to eat aside from these items
- When nuts or nut products have been brought in, staff will contact parents/carers to make them aware and also send home a leaflet (see following page) reminding parents/carers that we are a nut free school
- Staff ensure that pupils with food allergies have a Health Care Plan which is agreed with their parents/carers and shared with relevant staff
- Children are always asked **NOT** to share food
- Children will be encouraged to wash hands before eating
- Staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use this training as the need arises
- The school dinner providers will ensure all cooked food is nut free
- When pupils are handling food in school as part of their learning, staff will ensure that all allergies are taken into account

## 4. Promotion

The policy will be promoted by:

- Making a copy of this policy available to all parents and carers
- Informing staff and providing them with training opportunities
- Informing children through assemblies and discussion
- Publishing this policy on the school website
- Issuing this policy in new admission packs

# We are a nut free school



Please do not send your child into school with nuts or items containing nuts, including chocolate spread.

Thank you for your continued support