

ST CATHERINE'S CATHOLIC PRIMARY SCHOOL

P.E. & SPORT NEWSLETTER

'UPDATES AND CATCH-UPS'

Welcome to the first of many P.E. & Sport Newsletters.

This will be a termly update celebrating the work that we are doing in school within the sporting world. Due to the length of time passed since September this will be the a catch up and update over the events so far this academic year.

Club Updates

This academic year we have split ties with having clubs provided by Premier Sport and have looked to source provision elsewhere.

Currently our sporting clubs are as follows:

Mondays: - M.A.T. Club - providing those in KS2 desiring further contact with a variety of sports at a higher level.

Tuesdays: - JC Sports (our new partnership) are hosting an **Archery Club** (pictured top right) and we are looking to further expand the club with more participants; get in contact with the office or Mr. Kirkwood if you are interested in your child joining. **Netball Club** - kindly hosted by two parents offering our children contact with the new format of the game, Hi-5 Netball, that will be featured in future locality events.

Wednesdays: - Healthy Lifestyles Club - Pictured right, giving those children that are lesser engaged within the sporting world an opportunity to experience alternative sports from the mainstream, whilst empowering them to make a commitment to a healthy and active lifestyle through smaller lesson based activities giving them the skills and knowledge to take forward.

Thursdays: - Pro Coaching - Football. We are delighted to still be able to host Pro-Coaching due to the strong engagement from parents and pupils, providing a high quality football experience across the school. Thursdays also host **KS1 Multi-skills** - giving exclusive access to games and sports for those in Key Stage 1. Please register your interest in the club at the office if you would like your child to attend.

Fridays: - Football Club - currently our most popular club hosting numbers upwards of 40, our football Friday's provide a friendly and competitive environment for small sided games and skill based activities.



Locality Sports

This year we have been able to engage with our Deanery sports events more than ever, provided by Chatsmore, the events are targeted for Year 5 exclusively and allow an experience of secondary school facilities and games/sports that would be in their future curriculum whilst competing against other schools within our Deanery. A big thank you to the parents that have supported us with this by transporting and staying and supporting your children!

We continue to compete in our LASP locality sports events and have also branched over into the SAP area by competing at events with Worthing based schools at Angmering. Event write ups can be found in the Sporting Heroes folder on our P.E. Display or on the sporting section of our website.



Curriculum P.E./In House News

Since September we have been able to provide all P.E. sessions with Coach Rob, most recently working with Early Years, Coach Rob has been able to aid the class in learning through multi-skills based lesson.

We have also created an active 'Sport Crew' within school, looking to provide our children with leadership opportunities during active play lunchtimes and supporting our new termly Intra-School Sporting Competition, House Cup Challenge Days. Our next event is scheduled in March. Current leaders of the House Cup are the Green House.



THANK YOU FOR YOUR CONTINUED ENGAGEMENT AND SUPPORT WITH P.E. AND SPORT

MR. T. LANGLOIS
P.E. & SPORT CO-ORDINATOR

MR. S. KIRKWOOD
P.E. & SPORT SUPPORT ASSISTANT

